



OUR LADY OF THE VISITATION PARISH NEWSLETTER

MASS TIMES

Weekdays 12:00 noon
Saturday 12:00 noon & Vigil 7:00 pm
Sunday 8:00 am, 10:00 am,
12:00 noon & 2:00 pm

CONFESSIONS

Saturday
11:00am - 12:00 noon &
6:15pm - 6:45pm
or available on request

ADORATION

Tuesday, Wednesday, Thursday
6:00 pm - 8:00 pm
Friday 5:00 pm - 9:00 pm

PARISH OFFICE HOURS

Monday to Saturday from 9.00 am - 4.00pm & Sunday from 11.00am to 1.30pm.

COMMUNITY

Fr. Liam O'Donovan SAC, Fr. Joe McLoughlin SAC, Fr. Tom Daly SAC

Parish Pilgrimage to Walsingham

On Saturday 11th July we will be making a pilgrimage to Walsingham. Please leave your name in the parish office if you are interested. The cost for the coach is £25.00 per person.

Rosary in May

May is month dedicated especially to devotion to Our Lady. The Legion of Mary will be praying the Holy Rosary during the month, every Monday to Friday at 11.15 am in Church. Please do come and let us pray the Rosary together.

Training for Ministers of Eucharist

There will be a training session for all new and existing Eucharistic Ministers on Wednesday 20th May at 7:00pm, held in the church.

Attendance is essential for those who currently serve or wish to begin serving in this ministry. Please make every effort to attend.

Pentecost Sunday - Sunday 24th May

We are having our flag procession at the beginning of 10.00am and 12.00 noon Masses. If you would like to carry a flag, please arrive 15 minutes before mass starts. There will no parking in the Church forecourt available that day.

Feast of Our Lady of the Visitation - Sunday 31st May

This year we are having an Open-Air Mass for the Feast of Our Lady of the Visitation at 12 noon. Following the Mass we will be selling food, drink and more. We need volunteers to set up during the day & clearing up at the end - If anyone is available, please contact David on 07968423860 or leave your details in the Parish Office. Donations of cakes would be much appreciated.

Please note that there will be no additional parking for the 10.00 am and 12.00 noon Masses in the school grounds on that day.

Capital Ring Rosary - Saturday 23rd May

Join Catholics across London for a powerful day of prayer as pilgrims walk the Capital Ring, praying the Rosary and placing our city under Our Lady's care. Our Lady of the Visitation Church will be one of the starting locations and it would be wonderful to have some of our own parishioners praying with this event. More information can be found at RadioMariaEngland.uk.

Bingo Night - Saturday 6th June

Doors open at 7.30 pm, Bingo to start at 8.15pm prompt. Cash/Card Bar, tea/coffee and snacks available. Ticket price £8.00 including 6 bingo cards & no hot food. £13.00 including 6 bingo cards & hot food. Tickets will be available after the weekend Masses, and in the Parish Office.

Funeral Arrangements

Con O'Neill

Mass at 10.30 am, Friday 5th June, Visitation Church, to be followed by burial in Greenford Park Cemetery.

Mary McDonnell died at home & has been cremated.

A Requiem mass will be held on Friday 29th May at 12noon for the repose of her soul.

Sunday Collections

Weekly Collection - 9th / 10th May - £2,791.00
Standing orders and online payments for April £4,744.00
Card donations - £1,576.-00
This weekend's second collection will be for Catholic Communications.

Next week's second collection will be for Mary's Meals. This charity serves nutritious school meals to children living in some of the world's poorest countries. The promise of a good meal attracts these hungry children into the classroom, giving them energy to learn and hope for a better future.

Pentecost Novena – Come Holy Spirit!

Lord Jesus Christ, Who, before ascending into heaven, promised to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love.

Grant me the Spirit of Wisdom that I may turn from the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles which oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Your true disciples and animate me in all things with Your Spirit. Amen.



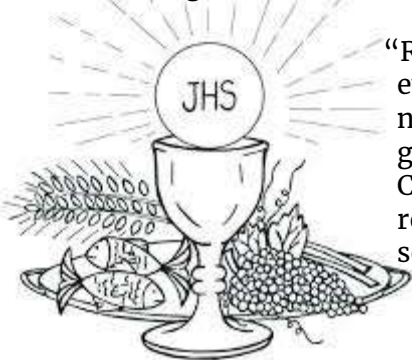
Our Lady Queen of Apostles, pray for us.
St. Vincent Pallotti, pray for us.

Rekindle Eucharistic Amazement

For the weeks leading up to the Feast of Corpus Christi we have a series of reflections to rekindle our amazement of the great gift of the Eucharist.

Secret 5 — We don't just receive—Jesus receives us

Holy Communion is not a one-sided encounter—we do not simply receive Jesus; He also receives us. Christ comes to us not only to give Himself, but because He desires our hearts, our love, and our surrender in return. As St. Mother Teresa beautifully expressed, the Eucharist is about satisfying the “hunger of Christ” for souls, not just our hunger for Him. “Receiving Communion means entering into communion with Jesus. What is given here is not a piece of a body, it not a thing, but him the resurrected one himself in person, who shares himself with us in his love. This means that receiving communion is always a personal act. I enter into the Lord, who is communicating himself to me.”



“Receive” can sound passive—as if we’re doing nothing and God is doing everything, as if we simply show up and take something in. But the Eucharist is not meant to be a passive moment. Yes, we are called to be receptive, open to grace—but much more than that, we are invited to enter into communion. Holy Communion is a living exchange: Christ gives Himself to us, and we actively respond by giving ourselves to Him—our hearts, our love, our lives. It is not just something we receive; it is a relationship we step into.

When we approach Communion with this awareness, it transforms the moment from a routine action into a living relationship: Jesus gives Himself to us, and we give ourselves to Him, entering into a profound exchange of love that renews and deepens our union with Him.